



Welcome to our Lunch Cafe

Blind Brook Ridge Elementary

September 2022



In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggaböls promotion.



Monday

Tuesday

Wednesday

Thursday

Friday



HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.

WELCOME BACK TO SCHOOL!

SCHOOL CLOSED TODAY

Superintendents Conference



5
Ham & Cheese Sandwich **P**
Or
Fresh Garden Salad with Sliced Egg **V** **NC**
With Balsamic Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

6
Ham & Cheese Sandwich **P**
Or
Fresh Garden Salad with Sliced Egg **V** **NC**
With Balsamic Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

7
Ham & Cheese Sandwich **P**
Or
Fresh Garden Salad with Sliced Egg **V** **NC**
With Balsamic Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

8
Ham & Cheese Sandwich **P**
Or
Fresh Garden Salad with Sliced Egg **V** **NC**
With Balsamic Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

12
Cheese Sandwich **V**
Or
Chicken Caesar Salad **NC**
With Caesar Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

13
Cheese Sandwich **V**
Or
Chicken Caesar Salad **NC**
With Caesar Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

14
Cheese Sandwich **V**
Or
Chicken Caesar Salad **NC**
With Caesar Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

15
Cheese Sandwich **V**
Or
Chicken Caesar Salad **NC**
With Caesar Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

16
Cheese Sandwich **V**
Or
Chicken Caesar Salad **NC**
With Caesar Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

19
Turkey BLT Wrap **P** **NC**
Or
Garden Salad with Cheese Entree **V** **NC**
With Balsamic Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

20
Turkey BLT Wrap **P** **NC**
Or
Garden Salad with Cheese Entree **V** **NC**
With Balsamic Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

21
Turkey BLT Wrap **P** **NC**
Or
Garden Salad with Cheese Entree **V** **NC**
With Balsamic Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

22
Turkey BLT Wrap **P** **NC**
Or
Garden Salad with Cheese Entree **V** **NC**
With Balsamic Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

23
Turkey BLT Wrap **P** **NC**
Or
Garden Salad with Cheese Entree **V** **NC**
With Balsamic Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

26
SCHOOL CLOSED TODAY
Rosh Hashanah

27
SCHOOL CLOSED TODAY
Rosh Hashanah

28
American Combo Sandwich **P**
Or
Caesar Salad **NC**
With Caesar Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

29
American Combo Sandwich **P**
Or
Caesar Salad **NC**
With Caesar Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water

30
American Combo Sandwich **P**
Or
Caesar Salad **NC**
With Caesar Dressing
Or
Bagel Lunch **V**
Fresh Fruit, Vegetable & 8 oz water



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Student Lunch Price
\$4.00

Adult Lunch Prices
Entrée only \$5.30 + tax
Complete a meal add \$1.50 + tax
Pre-Pay online
myschoolbucks.com

LUNCH INCLUDES

Menu entrée, fruit, veggie, & 8oz. water

BAGEL MEAL INCLUDES

plain bagel, yogurt & cheese stick

SANDWICHES ON A KAISER ROLL UNLESS SPECIFIED ON THE MENU

