



### **College & Career Co-op**

(or Co-op for short, much like the Northeastern University Co-op Program)

**Mr. Barnes**

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### **Course Description**

This EXPERIENTIAL class is completely student-centered...because it is all about YOU! The FULL-year course includes class time in the 1st semester exploring your career interests. In the 2nd semester you will work independently in a more “experiential” way in the field of your choice at an internship with supplemental workshops provided by your teacher once a cycle.

The course kicks off with an exploration of who YOU are beginning with an in-depth self-assessment of your Values, Interests, Personality and Skills so that you can better identify best-fit majors, careers, or work environments. We will meet with business leaders and visit job sites specific to your interests, have the chance to “shadow” several employers and participate in mock interviews as you refine your search, while constructing your job search “toolbox” (e.g. resumes, cover letters, thank you emails, references...)

The “experiential” work in the 2nd semester includes 5 hours a week working on a “passion pursuit” (e.g learning how to build surf boards, working on an Off-Broadway production or writing an app...) or in a career path that you may pursue during college (e.g. engineering, computer science, sports management, physical therapy, veterinarian...). This course will help show colleges your ability to balance academics, social life and a job and lead YOU to a more purposeful college experience.

### **Selling Points...Why Should I take this Class**

- Only class at BB that is all about YOU...course material is customized to your special interests
- Based on the Northeastern University COOP Program and the most popular course at Stanford University (i.e. Designing Your Life)

- Shows colleges that not only do you know what you want to do in life, but you are already living the dream
- Only course that offers a classroom and a field experience...1st Semester we meet 6 out of 8 day cycle. 2nd Semester we meet 1 day out of 8 day cycle for workshops and to make time for 5 hour/week internship requirement (Note: Internship hours can be done on weekends)
- Opportunity to participate in College & Career Mock Interviews with real Employers/College admissions staff
- Targeted to the student that
  - Knows what they want to do for a career and want to get a head start
  - Students that do not like traditional school and would prefer something experiential and more hands on
  - Students that have no idea what they want to do in college or career

<b>Potential Workshops</b>	<p>Workshops and Site Visits are scheduled by the classroom teacher. Some that are appropriate in the Fall &amp; Spring semester are:</p> <ul style="list-style-type: none"> <li>● Trips to NYC / Westchester job sites relevant to class career interests (e.g. Google, Goldman Sachs, Northwell Health...)</li> <li>● Meetings with BB Alumni and other Millennials to discuss their High School -&gt; College -&gt; Career journey</li> <li>● Visit by HR Director of Mastercard / Google / Facebook / Amazon to talk to students about what skills corporate America is looking for and tips on how to get an interview</li> <li>● Meeting with Boston University Director of Admissions to discuss College Interviews</li> <li>● Presentation by representative from Indeed / Internship.com / Zip Recruiter / Idealist.org on their job search engine tools</li> <li>● Workshop on Presentation Skills with Marketing Director at Pepsi</li> <li>● Trip to the Career Services office at Manhattanville College to discuss their services and to “workshop” student resumes</li> <li>● Presentation on how to use Twitter and LinkedIn to benefit your career search</li> <li>● College &amp; Career Mock Interview Night arranged in coordination with teacher, Co-op parents and PTSA</li> <li>● Presentation by Syracuse Alumni on using Maxwell School of Public Policy format to write an editorial response</li> <li>● Attend Joe Connelly’s CBS 880 AM Small Business Breakfast</li> </ul>
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